

## **NOVEMBER/DECEMBER-2022** **SCHOOL BREAKFAST MENU**

| Day 1   | Day 2   | Day 3   | Day 4   | Day 5   |
|---|---|---|---|---|
|   |   |   |   |   |
| <b>Monday 11/07/22</b>  | <b>Tuesday 11/08/22</b>   | <b>Wednesday 11/09/22</b>   | <b>Thursday 11/10/22</b>  | <b>Friday 11/11/22</b>  |
| Cereal Bowl (WGR) 1cup<br>Fruit or 100% Juice 1 cup<br>Variety Milk 8oz | <b>NO SCHOOL</b>  | Cereal Bowl (WGR) 1cup<br>Fruit or 100% Juice 1 cup<br>Variety Milk 8oz | Cereal Bowl (WGR) 1cup<br>Fruit or 100% Juice 1 cup<br>Variety Milk 8oz           | <b>NO SCHOOL</b>  |
| <b>Monday 11/14/22</b>  | <b>Tuesday 11/15/22</b>   | <b>Wednesday 11/16/22</b>   | <b>Thursday 11/17/22</b>  | <b>Friday 11/18/22</b>  |
| Cereal Bowl (WGR) 1cup<br>Fruit or 100% Juice 1 cup<br>Variety Milk 8oz | WGR French Toast<br>Turkey Bacon<br>Fruit or 100% Juice 1 cup<br>Variety Milk 8oz | Cereal Bowl (WGR) 1cup<br>Fruit or 100% Juice 1 cup<br>Variety Milk 8oz | Hot Cereal Grits or Oatmeal 1cup<br>Fruit or 100% Juice 1 cup<br>Variety Milk 8oz | WGR Bagel w/ Cream Cheese<br>Fruit or 100% Juice 1 cup<br>Variety Milk 8oz    |
| <b>Monday 11/21/22</b>  | <b>Tuesday 11/22/22</b>   | <b>Wednesday 11/23/22</b>   | <b>Thursday 11/24/22</b>  | <b>Friday 11/25/22</b>  |
| <b>NO SCHOOL</b>  | <b>NO SCHOOL</b>  | <b>NO SCHOOL</b>  | <b>NO SCHOOL</b>  | <b>NO SCHOOL</b>  |
| <b>Monday 11/28/22</b>  | <b>Tuesday 11/29/22</b>   | <b>Wednesday 11/30/22</b>   | <b>Thursday 12/01/22</b>  | <b>Friday 12/02/22</b>  |
| Cereal Bowl (WGR) 1cup<br>Fruit or 100% Juice 1 cup<br>Variety Milk 8oz | WGR French Toast<br>Turkey Bacon<br>Fruit or 100% Juice 1 cup<br>Variety Milk 8oz | Cereal Bowl (WGR) 1cup<br>Fruit or 100% Juice 1 cup<br>Variety Milk 8oz | Hot Cereal Grits or Oatmeal 1cup<br>Fruit or 100% Juice 1 cup<br>Variety Milk 8oz | WGR Fruit Pop Tart<br>Yogurt<br>Fruit or 100% Juice 1 cup<br>Variety Milk 8oz |