

**NOVEMBER/DECEMBER -2022
SCHOOL LUNCH MENU**

Day 1	Day 2	Day3	Day 4	Day 5
FRUIT OF THE DAY FRUIT CUP	FRUIT OF TH DAY FRESH BANANA	FRUIT OF THE DAY PINEAPPLE TIBETS	FRUIT OF THE DAY FRESH WHOLE APPLE	FRUIT OF THE DAY MANDARIN ORANGES
Monday 11/07/2022	Tuesday 11/08/22	Wednesday 11/09/22	Thursday 11/10/22	Friday 11/11/22
Chicken Tenders/Nuggets WGR Breading Potato Wedges Fruit 1 cup Variety Milk 8oz	NO SCHOOL	Meatball Marinara WGR Pasta Green Beans Fruit 1 cup Variety Milk	Beef Hot Dog WGR Bun Vegetarian Baked Beans Fruit 1 cup Variety Milk	NO SCHOOL
Monday 11/14/2022	Tuesday 11/15/22	Wednesday 11/16/22	Thursday 11/17/22	Friday 11/18/22
Grilled Chicken Breast WGR Bun Potato Wedges Fruit 1 cup Variety Milk 8oz	Jamaican Beef Patty WGR Brown Rice w/ Red Kidney Beans Fruit 1 cup Variety Milk 8oz	Baked Ziti w/Beef WGR Penne Pasta Peas and Carrots Fruit 1 cup Variety Milk	Turkey & Cheese Sub WGR Hoagie, Tortilla Chips Green Shred Lettuce Fruit 1 cup Variety Milk	Cheese Pizza WGR Crust Fresh Baby Carrots w/Ranch Fruit I cup Variety Milk
Monday 11/21/2022	Tuesday 11/22/22	Wednesday 11/23/22	Thursday 11/24/22	Friday 11/25/22
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
Monday 11/28/2022	Tuesday 11/29/22	Wednesday 11/30/22	Thursday 12/01/22	Friday 12/02/22
Hamburger WGR Bun Sweet Potato Wedges Fruit 1 cup Variety Milk 8oz	Oven Fried Chicken (WGR)Macaroni & Cheese Vegetable Blend Fruit 1 cup Variety Milk 8oz	Shepherd's Pie WGR Roll Steamed Corn Mashed Potato Fruit 1 cup Variety Milk	Turkey & Cheese Sub WGR Hoagie, Tortilla Chips Green Shred Lettuce Fruit I cup Variety Milk 8oz	Cheese Pizza WGR Crust Fresh Baby Carrots w/Ranch Fruit 1 cup Variety Milk