

## **JANUARY/FEBUARY -2023** **SCHOOL LUNCH MENU**

Day 1	Day 2	Day 3	Day 4	Day 5
<b>FRUIT OF THE DAY FRUIT CUP</b>	<b>FRUIT OF THE DAY FRESH BANANA</b>	<b>FRUIT OF THE DAY PINEAPPLE TIBETS</b>	<b>FRUIT OF THE DAY FRESH WHOLE APPLE</b>	<b>FRUIT OF THE DAY MANDARIN ORANGES</b>
<b>Monday 01/09/2022</b>	<b>Tuesday 01/10/22</b>	<b>Wednesday 01/11/22</b>	<b>Thursday 01/12/22</b>	<b>Friday 01/13/22</b>
Chicken Tenders/Nuggets WGR Breading Potato Wedges Fruit 1 cup Variety Milk 8oz	Beef Hot Dog WGR Bun Vegetarian Baked Beans Fruit 1 cup Variety Milk 8oz	BBQ Grilled Chicken Breast WGR Rice Mixed Vegetables Fruit 1 cup Variety Milk	Cheese Pizza WGR Crust Fresh Baby Carrots w/Ranch Fruit 1 cup Variety Milk	<b>NO SCHOOL</b>
<b>Monday 01/16/2022</b>	<b>Tuesday 01/17/22</b>	<b>Wednesday 01/18/22</b>	<b>Thursday 01/19/22</b>	<b>Friday 01/20/22</b>
<b>NO SCHOOL</b>	Jamaican Beef Patty WGR Brown Rice w/ Red Kidney Beans Fruit 1 cup Variety Milk 8oz	Baked Ziti w/Beef WGR Penne Pasta Peas and Carrots Fruit 1 cup Variety Milk	Turkey & Cheese Sub WGR Hoagie, Tortilla Chips Green Shred Lettuce Fruit 1 cup Variety Milk	Cheese Pizza WGR Crust Fresh Baby Carrots w/Ranch Fruit 1 cup Variety Milk
<b>Monday 01/23/2022</b>	<b>Tuesday 01/24/22</b>	<b>Wednesday 01/25/22</b>	<b>Thursday 01/26/22</b>	<b>Friday 01/27/22</b>
Hamburger WGR Bun Sweet Potato Wedges Fruit 1 cup Variety Milk 8oz	Sweet & Sour Chicken WGR Brown Rice Black Beans Fruit 1 cup Variety Milk	Swedish Meatballs WGR Roll Steamed Corn, Mashed Potato Fruit 1 cup Variety Milk	Turkey & Cheese Sub WGR Hoagie, Tortilla Chips Green Shred Lettuce Fruit 1 cup Variety Milk	Cheese Pizza WGR Crust Fresh Baby Carrots w/Ranch Fruit 1 cup Variety Milk
<b>Monday 01/30/2022</b>	<b>Tuesday 01/31/22</b>	<b>Wednesday 02/01/22</b>	<b>Thursday 02/02/22</b>	<b>Friday 02/03/22</b>
Grilled Chicken Breast WGR Bun Potato Wedges Fruit 1 cup Variety Milk 8oz	Shepherd's Pie WGR Roll Steamed Corn, Mashed Potato Fruit 1 cup Variety Milk 8oz	Oven Fried Chicken (WGR)Macaroni & Cheese Vegetable Blend Fruit 1 cup Variety Milk	Turkey & Cheese Sub WGR Hoagie, Tortilla Chips Green Shred Lettuce Fruit 1 cup Variety Milk	Cheese Pizza WGR Crust Fresh Baby Carrots w/Ranch Fruit 1 cup Variety Milk

